



# ADVENTURE GUIDE SUMMER PROGRAM QUEENSTOWN NEW ZEALAND

When you think of New Zealand, you think of awe-inspiring mountains, beaches and vast landscapes! Keen to explore these epic locations first hand? Join us in the ultimate outdoor classroom for personal growth and a heap of fun!

Spend this summer in the South Island of New Zealand, gaining confidence to navigate, hike and climb in the outdoors. You'll even walk away with Pre Hospital Emergency Care First Aid and Swift Water Rescue training and certifications.



## WHAT IT'S ALL ABOUT...

This 6 week program is ideal for those who are keen to explore some of the best backcountry that the South Island has to offer! Program participants will get to hike, climb and camp throughout the Queenstown, Wanaka and Fiordland regions. You'll also spend time training in Pre Hospital Emergency Care first aid and Swift Water Rescue. All this will give you a good step into the adventure industry, and strong foundations to become a confident outdoor adventurer.

You will embark on a remarkable journey of learning, experiences and coaching. New Zealand's diverse and spectacular outdoors will be your classroom, with lessons on leadership, technical skills, leadership, group dynamics/psychology and strategies to help in every area of life.



## INCLUSIONS



### WHAT DOES THE 6 WEEK PROGRAM INCLUDE?

- A summer spent hiking or climbing in the iconic mountains of the South Island!
- Six week adventure training and qualification program based in Queenstown, New Zealand.
- All technical equipment, program related transport & travel.
- Qualified & experienced technical instructors.
- Two weeks hiking and two weeks rock climbing.
- Five day Pre-hospital Emergency Care first aid training and qualification.
- Two day Swift Water Level 1 Rescue training and certificate.
- Modules on guiding and leadership skills, critical incident management & technical skills.
- Six weeks accommodation in Queenstown.
- Six weeks food allowance provided.
- Live, learn and socialise in the adventure capital of the world!



ZACH JOHNSTON, DIRECTOR



ROSEY JOYCE, PROGRAM DIRECTOR



CLAIRE MURRAY, ACCOUNT MANAGER



STEPH OSE, PROGRAM ADVISOR

## WHAT MAKES PURE EXPLORATION DIFFERENT?

We are everyday Kiwis, helping people have extraordinary experiences. Real travel isn't just about box-ticking guidebook recommendations or Instagram shots, it's about authentic experiences spent with new friends who inspire you to think about the world and yourself in new ways.

People come on this program for a number of reasons - some to get a foot in the door to an outdoor career, some as a gap year experience to gain confidence travelling the world, some as a refreshing break from a career that is getting mundane. One thing that this program satisfies in everyone who comes is the general satisfaction and sense of wellbeing gained from spending time in the outdoors.. away from your phone, laptop, commitments, stresses. You'll feel fitter, healthier and happier, and make some lifelong friends along the way.



WEEK 1  
**ORIENTATION**  
 QUEENSTOWN



Orientation is a bit like your first week at college. You will get to know the local area, get to know your program mates, and really absorb the plan for your program.

Your Pure Exploration program leader will lead you on tours, challenges, games and practical tasks to help turn you into a team, immerse you in the Queenstown culture, learn 'how things are done round here' and help you find your way around town!

You'll love arriving into Queenstown – it's a great place for hiking mountains, swimming in lakes and rivers, pub crawls, live music, locals food and drink specials, frisbee golf and fireside chats.

Queenstown is not only famous for its sheer beauty but for the vast amount of adventurous activities available for eager travellers! Pretty much every adventurous outdoor activity you can think of is available in Queenstown and the program is designed so you have enough time to partake in some of the activities that our beautiful hometown is well known for!

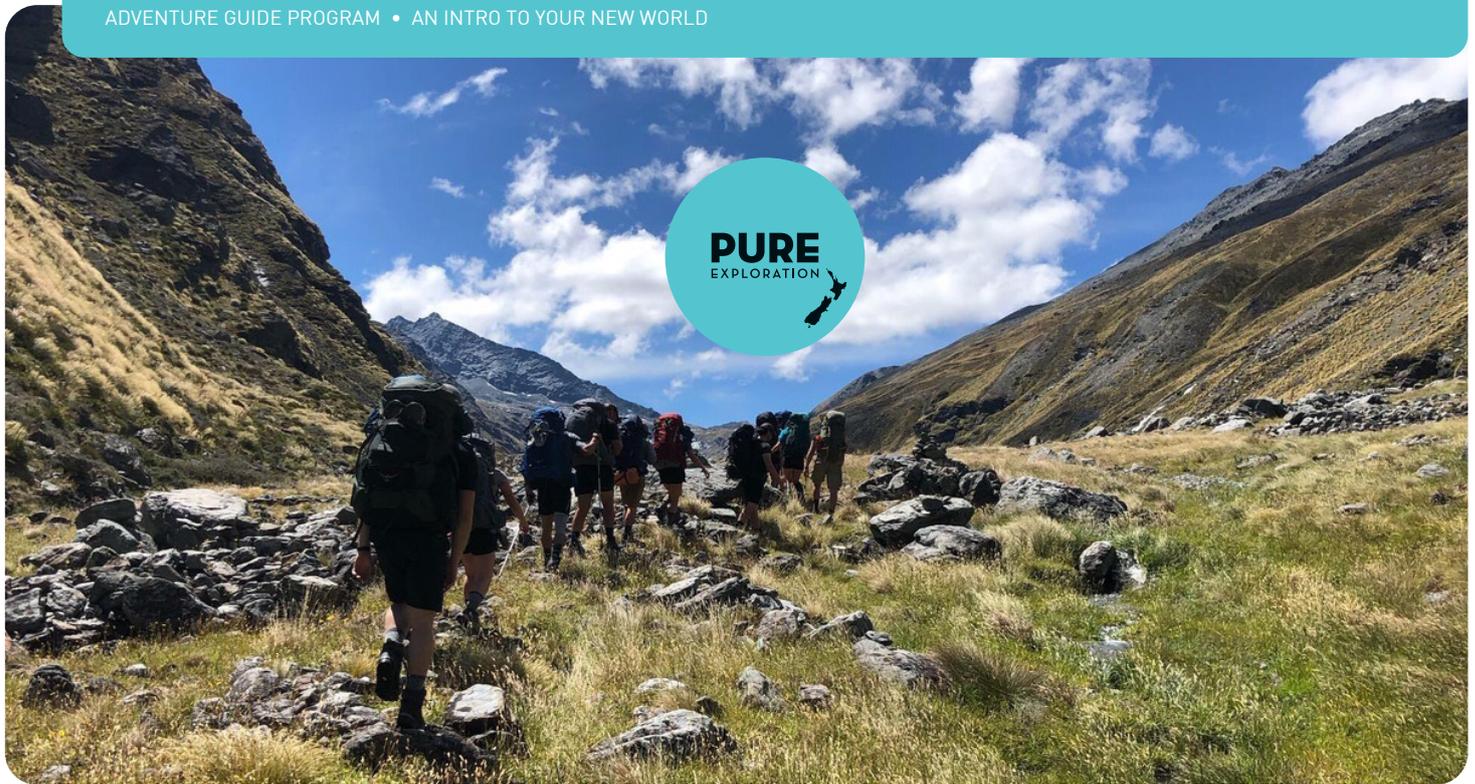
**MEET YOUR  
NEW CREW**

**INTRODUCTION  
TO PROGRAM  
VALUES &  
EXPECTATIONS**

**INTRODUCTION  
TO LIFE IN  
QUEENSTOWN**

**PERSONAL  
SAFETY &  
SECURITY BRIEF**

**SETTLE IN!**



WEEK 2, 3 AND 4

## CLIMBING AND HIKING + PRE HOSPITAL EMERGENCY CARE

You'll get an in-depth briefing and introduction to both hiking and climbing, giving you essential core skills. Not to mention exploring some stunning local sights along the way! Throughout the course you'll develop technical skills and we'll build on your existing knowledge of equipment, weather, and nutrition, then introduce you to essential training in group management, risk analysis, and leadership.

### ROCK CLIMBING - LEARN THE ROPES

Start your journey into the vertical world with an introduction to rock climbing & abseiling equipment, techniques and get hooked! Your days will be spent lakeside camping with loads of climbing day trips, swimming, socialising and games.

Once you've got the basics down we'll switch gears into lead climbing, top-roping systems, abseiling, transitions, cliff-top safety. The Queenstown-Lakes district is home to some of the most picturesque climbing crags in the world! Be sure to bring along your camera as well as your climbing gear!

### TREKKING INTRODUCTION

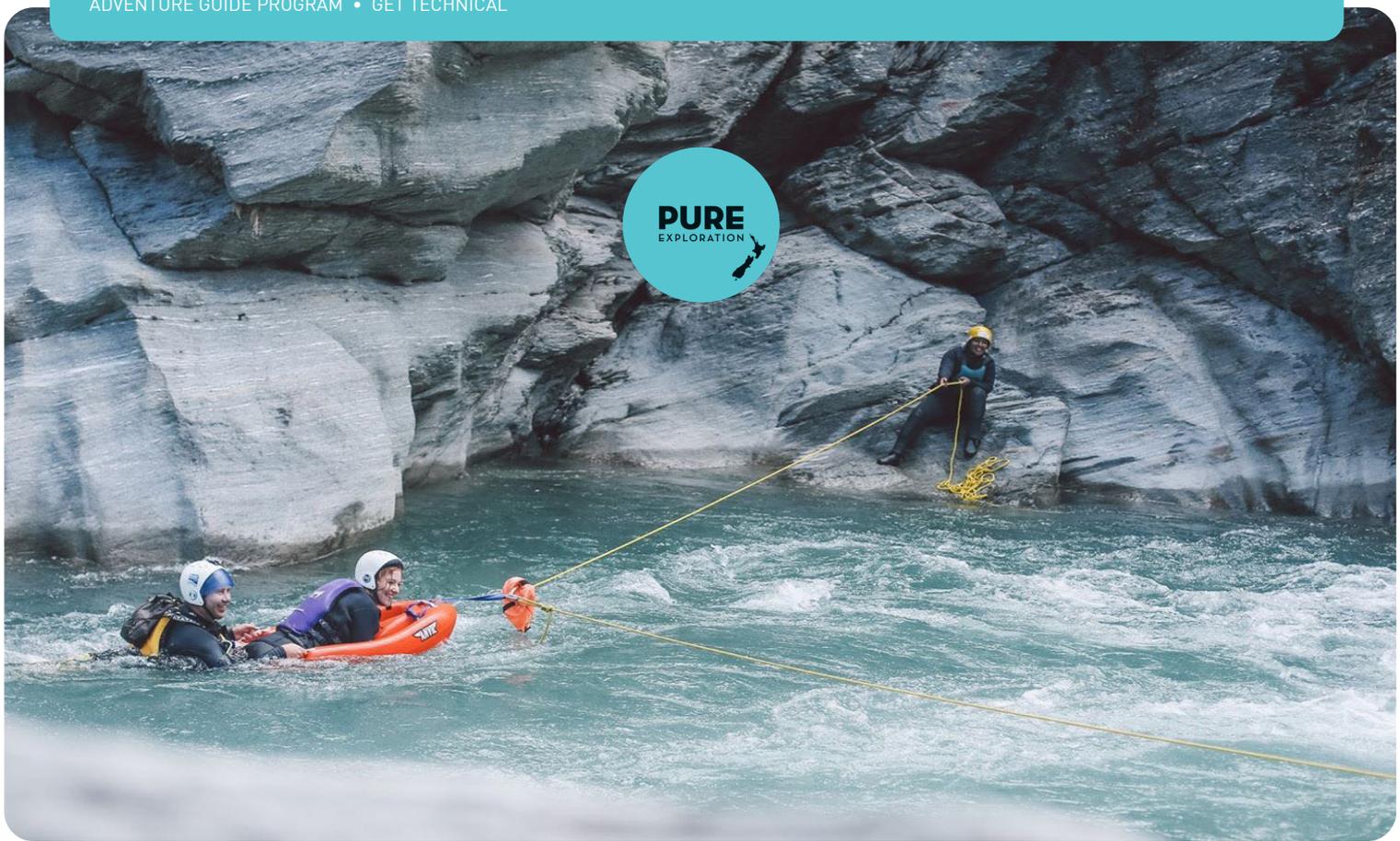
Hiking, camping, surviving, geology, flora & fauna, history and natural interpretation skills all start with a walk and a tent! So you will too. You'll cover multi-day hiking, camping, nutrition, leadership, navigation, and more!

### CORE SKILLS GUIDING

Professional guiding is a little different to what most hobby outdoors people think - a lot more involved than just the skills required for the sport! This module includes some classroom elements to introduce theoretical components of professional instructing & guiding. This is followed by full-on practical tasks, challenges and field assignments.... Intensely practical, fun and learning by discovery.

### PRE HOSPITAL EMERGENCY CARE

In the fourth week we undertake Pre Hospital Emergency Care (PHEC) training for five days. Upon satisfactory completion of the program, participants will receive an internationally recognised qualification. PHEC is known as "the beast" of first aid training and is the industry standard for adventure industry professionals. Participants become familiar with the use of advanced emergency care equipment such as oxygen, defibrillators and BP cuffs as well as other resuscitation techniques.



## WEEK 5 & 6

# MORE HIKING, CLIMBING AND WATER RESCUE



At this point of the program, we take it up a notch. It's time to test your limits and push those new skills in your chosen discipline. We take you to a few more challenging locations where you'll have to pull together as a team to get through, and where you'll really start to see the value in ensuring processes are followed and back-up plans are in place!

Two days are also spent in the water, with our custom SWIFT water rescue training. This course will teach you the skills needed in order to read and understand water patterns, water safety, rules and regulations, environmental and cultural practices, as well as how to conduct river rescues. It's a great course to compliment the PHEC qualification, and it will instill in you a general sense of confidence around water.

### SOME OF THE LOCATIONS THAT YOU'LL GO

(Subject to season)

WANAKA

MT COOK NATIONAL PARK

FIORDLAND NATIONAL PARK

MT ASPIRING NATIONAL PARK



## LIFE AFTER YOUR PURE EX PROGRAM... **WHAT'S NEXT?**

Had a blast over the 6 weeks and can't bear the thought of leaving the program or New Zealand? No worries, once on program you will still have the opportunity to upgrade to the 12 week program and continue both your travels and learning with us.



DANA, USA

*I chose this program as something to help me gain entry into the outdoor education and guiding industry, and I could not have been more thrilled about how things worked out. I learned so many new skills that are going to help me secure jobs in an industry I never dreamed I would be able to get into, I worked directly with experts in the field that taught me how to keep myself and others safe, but also gave me incredibly useful advice through real work experience. I can honestly say now I feel super confident in my ability to apply all this knowledge and navigate a tough job market and come out exactly where I want to be. Not to mention NZ is beyond beautiful and every day spent working outside here has been so much fun.*



VLAHO, CROATIA

*What a great experience! A chance to learn from world class guides and climbers. It was awesome to spend so much time in the clean and healthy environment of New Zealand. After 3 months with Pure Ex, I got whole new perspective about the outdoor world, gained bunch of new skills, and for sure improved as a person! I would definitely recommend this training program to all those who are interested in travelling, the outdoors, learning new skills and personal development.*



KAYLEE, USA

*Alright, if we're being totally honest, life post-AGP is awesome, but not \*quite\* as awesome as it was on course. I'm still living and working in Queenstown, working for Climbing Queenstown as a rock climbing and hiking guide. I love taking clients out - their stoke at the top of their first and last climbs, their transition from scared to cruisy as on the rock, and being outside in beautiful Sunshine Bay all make my heart so happy. Although I miss climbing and hiking my way through the South Island on a daily basis, the AGP has landed me right where I always dreamed of being, and I can't help but be stoked out of my mind on that!!*

## PARTNERS



### WANT TO LEARN MORE?

**SIMPLY [EMAIL US HERE](mailto:info@pureexploration.nz) AND THE TEAM WILL BE IN TOUCH TO ANSWER ANY QUESTIONS!**